+ Gwenty-fifth Sunday after Pentecost +

Nov 10, Year of our Lord 2024 I DS2

+ Confession and Absolution +

The sign of the cross may be made by all in remembrance of their Baptism.



Invocation

Matthew 28:19b; 18:20

- In the name of the Father and of the

 → Son and of the Holy Spirit.
- **G** Amen.

Exhortation 1 John 1:8–9

- P If we say we have no sin, we deceive ourselves, and the truth is not in us.
- But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness.

Silence for reflection on God's Word and for self-examination.

Confession of Sins

- P Let us then confess our sins to God our Father.
- Most merciful God, we confess that we are by nature sinful and unclean. We have sinned against You in thought, word, and deed, by what we have done and by what we have left undone. We have not loved You with our whole heart; we have not loved our neighbors as ourselves. We justly deserve Your present and eternal punishment. For the sake of Your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in Your will and walk in Your ways to the glory of Your holy name. Amen.

Absolution [John 20:19–23]

- P Almighty God in His mercy has given His Son to die for you and for His sake forgives you all your sins. As a called and ordained servant of Christ, and by His authority, I therefore forgive you all your sins in the name of the Father and of the

 → Son and of the Holy Spirit.
- C Amen.

+ Service of the Word +

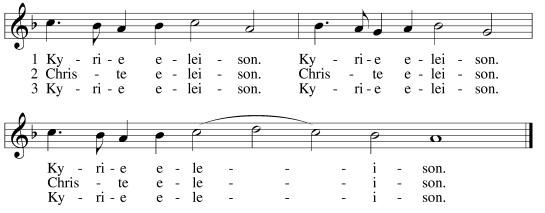


- P Let them thank the LORD for his I steadfast love,* for his wondrous works to the chil-I dren of men!
 Oh give thanks to the LORD, for I he is good,* for his steadfast love endures for-I ever!
- Let the redeemed of the LORD I say so,* whom he has redeemed from I trouble.
 He raises up the needy out of af-I fliction* and makes their families I like flocks.

Glory be to the Father and I to the Son* and to the Holy I Spirit; as it was in the be-I ginning,* is now, and will be forever. I Amen.

Let them thank the LORD for his I steadfast love,*
for his wondrous works to the chil- I dren of men!
Oh give thanks to the LORD, for I he is good,*
for his steadfast love endures for- I ever!

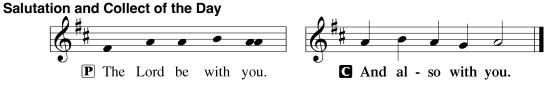
Kyrie ~ Lord, Have Mercy (Hymn: 944 Kyrie − II)



Text: Traditional Tune: Russian Orthodox Text and tune: Public domain

Hymn: 534 Lord, Enthroned in Heavenly Splendor





Let us pray. Almighty and ever-living God, You have given exceedingly great and precious promises to those who trust in You. Grant us so firmly to believe in Your Son Jesus that our faith may never be found wanting; through the same Jesus Christ, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever.



Old Testament Reading

1 Kings 17:8–16

Then the word of the LORD came to [Elijah], "Arise, go to Zarephath, which belongs to Sidon, and dwell there. Behold, I have commanded a widow there to feed you." So he arose and went to Zarephath. And when he came to the gate of the city, behold, a widow was there gathering sticks. And he called to her and said, "Bring me a little water in a vessel, that I may drink." And as she was going to bring it, he called to her and said, "Bring me a morsel of bread in your hand." And she said, "As the LORD your God lives, I have nothing baked, only a handful of flour in a jar and a little oil in a jug. And now I am gathering a couple of sticks that I may go in and prepare it for myself and my son, that we may eat it and die." And Elijah said to her, "Do not fear; go and do as you have said. But first make me a little cake of it and bring it to me, and afterward make something for yourself and your son. For thus says the LORD the God of Israel, 'The jar of flour shall not be spent, and the jug of oil shall not be empty, until the day that the LORD sends rain upon the earth." And she went and did as Elijah said. And she and he and her household ate for many days. The jar of flour was not spent, neither did the jug of oil become empty, according to the word of the LORD that he spoke by Elijah.

- A This is the Word of the Lord.
- Thanks be to God.

Gradual

Revelation 7:14b; Psalm 84:5

These are the ones coming out of the great tribu-I lation.*

They have washed their robes and made them white in the blood I of the Lamb.

Blessèd are those whose strength is I in you,*

in whose heart are the highways to I Zion.

Choral Anthem Abide with Me (11:00 a.m. service)

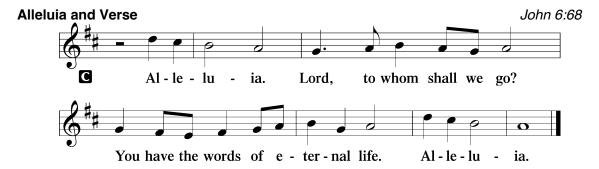
Epistle Hebrews 9:24–28

For Christ has entered, not into holy places made with hands, which are copies of the true things, but into heaven itself, now to appear in the presence of God on our behalf. Nor was it to offer himself repeatedly, as the high priest enters the holy places every year with blood not his own, for then he would have had to suffer repeatedly since the foundation of the world. But as it is, he has appeared once for all at the end of the ages to put away sin by the sacrifice of himself. And just as it is appointed for man to die once, and after that comes judgment, so Christ, having been offered once to bear the sins of many, will appear a second time, not to deal with sin but to save those who are eagerly waiting for him.

- **A** This is the Word of the Lord.
- Thanks be to God.

Verse of the Day 2 Corinthians 8:9

P Alleluia. You know the grace of our Lord Jesus Christ, that though he was rich, yet for your sake he became poor, so that you by his poverty might become rich. Alleluia.



Holy Gospel Mark 12:38–44

P The Holy Gospel according to St. Mark, the twelfth chapter.



In his teaching [Jesus] said, "Beware of the scribes, who like to walk around in long robes and like greetings in the marketplaces and have the best seats in the synagogues and the places of honor at feasts, who devour widows' houses and for a pretense make long prayers. They will receive the greater condemnation."



And he sat down opposite the treasury and watched the people putting money into the offering box. Many rich people put in large sums. And a poor widow came and put in two small copper coins, which make a penny. And he called his disciples to him and said to them, "Truly, I say to you, this poor widow has put in more than all those who are contributing to the offering box. For they all contributed out of their abundance, but she out of her poverty has put in everything she had, all she had to live on."

P This is the Gospel of the Lord.



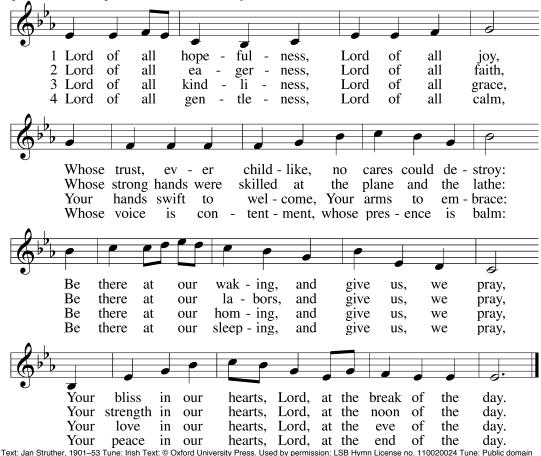
Nicene Creed

I believe in one God, the Father Almighty, maker of heaven and earth and of all things visible and invisible.

And in one Lord Jesus Christ, the only-begotten Son of God, begotten of His Father before all worlds, God of God, Light of Light, very God of very God, begotten, not made, being of one substance with the Father, by whom all things were made; who for us men and for our salvation came down from heaven and was incarnate by the Holy Spirit of the virgin Mary and was made man; and was crucified also for us under Pontius Pilate. He suffered and was buried. And the third day He rose again according to the Scriptures and ascended into heaven and sits at the right hand of the Father. And He will come again with glory to judge both the living and the dead, whose kingdom will have no end.

And I believe in the Holy Spirit, the Lord and giver of life, who proceeds from the Father and the Son, who with the Father and the Son together is worshiped and glorified, who spoke by the prophets. And I believe in one holy Christian and apostolic Church, I acknowledge one Baptism for the remission of sins, and I look for the resurrection of the dead and the life + of the world to come. Amen.

Hymn of the Day: 738 Lord of All Hopefulness



+ Sermon +

How God assess the Widow's Gift

Offertory, p. 176 for music

Psalm 116:12-13, 17-19

(sung) What shall I render to the Lord for all His benefits to me? I will offer the sacrifice of thanksgiving and will call on the name of the Lord. I will take the cup of salvation and will call on the name of the Lord. I will pay my vows to the Lord now in the presence of all His people, in the courts of the Lord's house, in the midst of you, O Jerusalem.

Announcement of Offering and Greetings of Peace

The people may greet one another in the name of the Lord, saying, "Peace be with you," as a sign of reconciliation and of the unity of the Spirit in the bond of peace (Matt. 5:22-24; Eph. 4:1-3).

+ Prayer +



World: For **Hurricanes Milton and Helene flood relief** and recovery in the Southeast. For **Camp Linn Haven** (North Carolina) flood cleanout and reconstruction. For God to cease the wars between modern-day **Israel** and the **Hamas** and the conflict between **Ukraine** and **Russia**.

Vocation: For our nation's **newly elected leaders**. For **Sunday H. Smith**, daughter of Cole and Tamia, born 10/2. For **Joshua Arguien** and **Adelaide Yoder** who were married on 9/20. For **veterans and our**

military (including Carter Felt, Casey Lawson, Tyler Smith and William Smolter). For those serving in hospitals and homeless shelters. For teachers in our community schools. For our circuit's seminary students: Aaron Wade, Sam Bohnet, Vicar Daniel Bueckman, and Vicar Alex Ogden. For those who are engaged including: Turner Gough to Mandy Haynes. For children and families dealing with difficult situations due to drugs, alcohol, violence, abuse, stress, and strife.

Loss and Mourning: For the family of **Curtis** (Joshua Buslovich's brother in Virginia) who passed away. For family of **Robert** (dear friend of Chuck Pettyjohn) who passed away. For Family of **Bill Galamore** who passed away and whose memorial service was Oct. 8. For the family of **Phyllis Strege** who passed away 9/18 and whose memorial service was held at Praise on 9/26. For the family **John Machadow** (friend of Larry & Janet Moore) who passed away. For the family of **Nancy Vesper** (Jim's mother) who passed away 9/9. Family of **Brad Barnett** (Phil & Carol's son) who passed away and whose memorial service was 9/3. For many remembering loved ones who passed away.

Health: For **Sharon Yoder** health and hospice care. For **Sandy Bagley** recurrent stroke care. For Emma Lu Kerekes health and hospice care. For Katie Felt's uncle, Tim in Florida, final months. For Catherine Boute upcoming surgery on 11/15. For Rachel Ernst upcoming rescheduled surgery. For Chuck Pettyjohn health. For Ed McGillick persistent dizziness and tendencies to fall and for Barbara's health and caring for him. For Wendell (Fred & Faye Hansen's nephew) for effectiveness of in-patient program treatment. For Bill Frazho (Paul Ruble's brother-in-law) lung and overall health. For Lisa Gift hip infection treatment (now home from hospital); For Carol Ehrens home recovering from pneumonia. For Bill who has started chemo for cancer (friend of Seth and Tina Pierce). For Ron Williams (back at Foothills) and for his wife Pamela. For **Barbara Moyers** recovery from back surgery (now home). For **Monia** Convington (Angela Gift's mother) pneumonia recovery and health. For Trina Tschappat (Gretchen Roberts's younger sister) two small brain aneurysms. For **Will Wade** knee surgery recovery. Rowan Blankenbeckler born early, now home from hospital. For Larry Wacker postsurgery recovery (broken elbow and ribs). For **Carole Vitzthum** (and **George** taking care of her). For Ted Frazier severe headaches treatment. For Garrison with ALS (student of Amy Mohr's daughter, Coleen Williams). For **Dominic Steer** (Steve Kaiser's brother-in-law) health. For Jerry

& Jennifer Kropps's mothers: **Louise Kropp** and **Marie Guinn** (both turning 90 and recently diagnosed with lung mass [Louise] and cancer [Marie]). For Linda McMichael (hamstring and knee fractures healing). For **Dana** (Ed & Sandy's) niece recovering from tongue and throat cancer surgery. For Bradley Happel (Becky Hamby's brother) open heart surgery/quadruple bypass recovery. For Mary (Ed & Sandy Bagley's daughter) health. Bill & Diane's son Luke Miller (a Lutheran pastor in the WELS) treatment after onset of seizures. For June Latham (Phyllis Bembas' sister) stroke and vision recovery. For **Edward Faberzak** (son of friends of Jim Vesper, former Navy serviceman) fighting cancer. For Pastor Ed Maanum kidney acceptance. For Fred Goddard (nephew of Mary Ellen Brown) lung cancer treatment. For Steve Greene (friend of Jim Vesper) dealing with multiple cancers. For **Gary Kubin** experiencing debilitating back and leg pain. For Andrew (son of a friend of Laura Bisconte) treatment for a mass in the base of his brain. For Larry & Cathy Wacker's daughter and son-in-law's health and cancer treatments. For Carol (Alex Hick's aunt) recent diagnosis of frontal lobe dementia. For Tim Smith heart health. For Chuck Pettyiohn (health). For Tom Williams maintenance chemo treatments. For Janeen Meier healing for physical and mental health (Maureen Roberts' sister and Pastor Roberts' Aunt). For Pete Gay (Catherine Boute's brother-in-law) terminal cancer. For Marty Smith (Tyler [and Megan] Smith's father) rapidly advancing cancer treatment. Debbie Johnston kidney health. Bob McDermott dealing with Parkinson's symptoms. Pastor Neil Vanderbush at Immanuel, Memphis, recurrent multiple myeloma treatment. For Alan Stremsterfer's mother health issues. For Lisa Stremsterfer's father health and stability. Aurora Stevens back and shoulder pain treatments. For Kathy Bigger (friend of Donna Wall) pancreatic cancer. Andrew Hebar's Aunt Kara (health).

Birthdays: Brian E 11/15, Sophia R 11/20, Nicholas S 11/21, Xavier R 11/23, Brian S 11/23

Anniversaries: Gary & Faye S 11/11, Ed & Sandy B 11/18, Steve & Janice K 11/18, Jim & Maureen R 11/23

Benediction for those worshiping on the livestream.

+ Service of the Sacrament +

A Word to Our Guests and Visitors about Communion at Praise

The Lord's Supper is celebrated at this congregation in the confession and glad confidence that, as He says, our Lord gives into our mouths not only bread and wine but His very Body and Blood to eat and to drink for the forgiveness of sins and to strengthen our union with Him and with one another. Our Lord invites to His table those who trust His words, repent of all sin, and set aside any refusal to forgive and love as He forgives and loves us, that they may show forth His death and resurrection until He comes. Scripture warns that those who come forward to eat and drink our Lord's Body and Blood in an unworthy manner do so to their great spiritual harm. The Lord's Supper is also a confession of the faith which is confessed at this altar. Therefore, any who hold a confession differing from that of this congregation and The Lutheran Church—Missouri Synod, and yet to desire to receive the Sacrament (Communion), are encouraged to seek guidance from the pastor.

Preface

2 Timothy 4:22; [Colossians 3:1]; [Psalm 136]

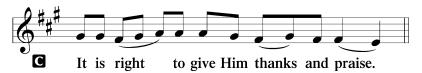
P (sung) The Lord be with you.



P Lift up your hearts.



P Let us give thanks to the Lord our God.



Proper Preface ~ Altar Book (appropriate to the day or season)

P It is truly good, right, and salutary...evermore praising you and saying:

Sanctus

Isaiah 6:3; Matthew 21:9

(sung) Holy, holy, holy Lord, Lord God of pow'r and might: Heav'n and earth are full of Your glory. Hosanna in the highest.

Blessed is He who comes in the name of the Lord. Hosanna in the highest.

Prayer of Thanksgiving

p. 161 or 178

- P Blessed are You, Lord of heaven and earth, ... now and forever.
- C Amen.

C

Lord's Prayer Matthew 6:9–13

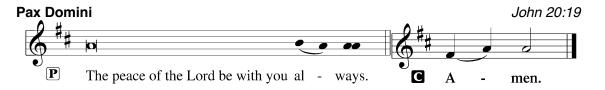
- **P** Lord, remember us in Your kingdom and teach us to pray:
 - Our Father who art in heaven,
 hallowed be Thy name,
 Thy kingdom come,
 Thy will be done on earth
 as it is in heaven;
 give us this day our daily bread;
 and forgive us our trespasses
 as we forgive those
 who trespass against us;
 and lead us not into temptation,
 but deliver us from evil.
 For Thine is the kingdom
 and the power and the glory
 forever and ever. Amen.

The Words of Our Lord

P Our Lord Jesus Christ, on the night when He was betrayed, took bread, and when He had given thanks, He broke it and gave it to the disciples and said: "Take, eat; this is My

→ body, which is given for you. This do in remembrance of Me."

In the same way also He took the cup after supper, and when He had given thanks, He gave it to them, saying: "Drink of it, all of you; this cup is the new testament in My + blood, which is shed for you for the forgiveness of sins. This do, as often as you drink it, in remembrance of Me."



Agnus Dei John 1:29

(sung) Lamb of God, You take away the sin of the world; have mercy on us. Lamb of God, You take away the sin of the world; have mercy on us. Lamb of God, You take away the sin of the world; grant us peace, grant us peace.

Distribution

Please see our pastor for details about baptism, instruction, and vow of confirmation of our church's teachings prior to taking the Lord's Supper (Communion) at Praise.

Distribution Hymn: 821 Alleluia! Sing to Jesus (see hymnal)

Distribution Hymn: 801 How Great Thou Art Distribution Hymn: 645 Built on the Rock

Distribution Hymn: 680 Thine the Amen, Thine the Praise

Thank the Lord

[Psalm 105:1-3, 42-43]; [1 Chronicles 16:8-10]

(sung) Thank the Lord and sing His praise; tell ev'ryone what He has done. Let ev'ryone who seeks the Lord rejoice and proudly bear His name. He recalls His promises and leads His people forth in joy with shouts of thanksgiving. Alleluia, alleluia.

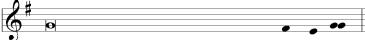
Post Communion Collect

p. 183

- Let us pray... now and forever.
- C Amen.

Benediction

Numbers 6:24-26



P The Lord bless you and keep you.

The Lord make His face shine on you and be gracious to you.

The Lord look upon you with favor and + give you peace.



Acknowledgments

Unless otherwise indicated, Scripture quotations are from the ESV® Bible (The Holy Bible, English Standard Version®), copyright © 2001 by Crossway, a publishing ministry of Good News Publishers. Used by permission. All rights reserved.

Created by Lutheran Service Builder © 2024 Concordia Publishing House.

Praise Lutheran Church (LCMS)

Sunday Divine Services weekly at 8:30 a.m. and 11:00 a.m.

Sunday Bible Study and Sunday School at 10:00 a.m. Address: 315 Southdowne Dr, Maryville, TN 37801

Phone: (865) 977-5810; Website: praiselutheran.com

Online giving: praiselutheran.com (click the blue "Give" button) Facebook: https://www.facebook.com/PraiseLutheranChurch/

Staffed Office Hours: Monday through Thurs. 9:00 to Noon, Thurs. also: 1:00 to 4:00 p.m.

Office Administration: Tina Pierce, tina@praiselutheran.com

Pastor Derek Roberts, pastor@praiselutheran.com, cell: (865) 229-6024 (Day off: Fridays)

DCE: Shelli Haynes, shelli@praiselutheran.com, cell: (909) 226-3179

Congregational President: Dr. Tom Wittkopp, Vice President: Tim Nunnink

Prayer requests: if possible, please submit by 9:00 a.m. on Thursdays

Organist/pianists: Janice Kaiser, Susan Johnson, Gary Schauerman

Choir Director: Laura Bisconte, Choir Pianist: Susan Johnson

Church Calendar: praiselutheran.com/events



Two Large Print Hymnals are available. Please ask those who are helping as ushers to locate a large print hymnal for you.

Subscribe to our newsletter at praiselutheran.com, homepage, right hand side, blue box

Visit praiselutheran.com/build to see our build completion video!

Building Fund	2023 Receipts	2024 Receipts	Total Receipts
Actual	\$345,752	\$174,780	\$1,146,315
Pledged	\$277,877	\$179,106	\$1,065,270
Remaining	\$67,875 (over)	- \$4,326 (under)	\$81,045 (over)

Build Project total cost estimate: ~ 2.8 million (approximately 38% funded).

Gifts to the Build Fund are still encouraged (through at least the extended end of the Capital Campaign in December 2025). Please prayerfully (continue to) give gifts.

Shop at Kroger? \$128.64 was raised this last quarter! Link your account to Praise Lutheran Church in the "Community Rewards" area from your digital account for Praise Lutheran to receive community funds from Kroger. Please reach out to the church office for help: (865) 977-5810 or tina@praiselutheran.com.

Youth and Families

LCMS Youth Gathering (triennial event for high school youth) is coming to New Orleans from July 19 – 23, 2025. We have begun fundraising for the gathering. April Torres is our NYG fundraising coordinator.

- **Tidal Wave Car Wash Vouchers** available now. Secure their BEST car wash (normally a \$30 wash) for \$12, or 2 vouchers for \$20. Purchase from our Youth.
- BJ's new club membership available now. Secure a 12-month membership for only \$20 regularly \$55. Call (800) 313-8887 and reference promo code: 814025. Offer expires Dec. 31. Pick-up membership at the temporary office 139 Foothills Mall Dr.

Campfirmation (yearly event for middleschoolers and highschoolers) at Camp Linn Haven, North Carolina from July 7-11, 2025. Theme for 2025: *The Sacraments: Signed, Sealed, and Delivered.* Designated fundraising events will take place throughout the year.

Preparing teams to help restore Camp Linn Haven (LCMS camp and church near Grandfather Mountain in NC). Please see Pastor Roberts if you'd like to go help in the recovery efforts at our beloved place for Campfirmation every summer.

Sunday School (weekly on Sundays) 9:45 a.m. to 10:45 a.m.

Ages 2 to 4: Meet in the Nursery (new building)

Ages 5 to 7: Meet in the classroom across from the new library (next to Shelli's office).

Grades 2nd to 5th: Meet in the classroom across from kitchen

Grades Middle- and Highschool: Meet with DCE Shelli Haynes.

Wednesday Evening Youth Group (weekly on Wednesdays)

Middle School Youth (grades 6th - 8th) meets in the Social Hall for games and a devotion from 6:00 - 7:00 p.m. Bring your Bible and a water bottle!

High School Youth (grades 9th - 12th) meets in the Social Hall for games and Bible study from 8:00 – 9:00 p.m. Bring your Bible, a highlighter, a pen, and a water bottle.

Children's Handbell Choir We are starting a children's handbell choir (2 yrs to 7 yrs old) as a part of our Sunday morning Bible class! Preparing for Advent and Christmas Services this year! Please see Kris Smith.

Youth Catechesis with Pastor Roberts

Meets *next* Sun, Nov 17 from 12:30 – 1:30 p.m. in the Social Hall

Sun, Dec 1 from 12:30 – 1:30 p.m. in the Social Hall



BJ's Wholesale is supporting **Praise Lutheran Church** in a fundraiser. Purchase your new BJ's membership now at discount pre-opening prices. With each new membership purchased through this program BJ's will contribute \$10 to our National Youth Gathering efforts!

The NEW MEMBER Offer:

Only \$20-12 months for the Club Card. (Regularly \$55)

How to Sign Up or Renew:

Call #: 800-313-8887

And reference the promo code 814025

Hours of Operation: Monday-Friday from 9:00am-6:00pm EST

Expires Dec. 31, 2024

Renewals are \$50 for The Club Card and \$100 for the Club Plus Card (Reg \$55 & \$110)

The pre- opening membership will be active immediately for online purchasing and will extend out for 12 months from the store opening date. So, you won't lose any time on their membership by purchasing early, you will only save \$\$\$. You may also use the membership at any other BJ's location before the opening as well.

Memberships can be picked up after activation at the BJ's temporary office 139 Foothills Mall Dr. Maryville, TN 37801 or at any BJ's location.

Today

Photo Directories are placed in your mailbox at Praise.

Foster Children Christmas Gift envelopes are ready to be picked up in the Narthex. Please sign the clipboards indicating which envelope(s) you selected and wrap and return by 12/1.

Planning Council meets TODAY at 12:30 p.m. Budget Meeting

Adopt a College Student: We have a couple of students who could benefit from some love and care from you! Please see Shelli Haynes if you are willing pray for and share some love with one of our college young adults!

LWML Zone Rally: The LWML sent cards to Praise expressing their gratitude for allowing them the use our facilities for their Rally. They also gave \$500 to Camp Linn Haven's recover since it is dear to us at Praise.

Lectors: Tom Schering is scheduling for Advent and onward into 2025. Please call him with any dates you will be out of town: (865) 681-7858

This Week at Praise

Sing with the Choir! Special Choir request for **More Women/Ladies/Girls:** Can you sing the melody line of songs (also known as singing *soprano*)? We really need you in the choir. **Choir Rehearsal** Wednesdays at 6:00 p.m.

Youth Group (Wed) Middleschool 6:00 p.m.; High School 8:00 p.m.

Men's Bible Study this Wednesday at 7:00 p.m. Topic: Book of James

Ladies Bible Study Thursday 10:00 a.m. in the Social Hall with Barbara Morsch

Men's Lunch (second Thursday of the month) 11:30 a.m. at Cheddar's Scratch Kitchen

Upcoming Events

Elders Meeting meets Thurs, Nov 21 at 7:00 p.m. at Praise

Baby Shower (Sun) Nov 24 at around 12:15 p.m. (after 11:00 a.m. service). Please join us to celebrate the birth of Rowan to Jackson and Bri Blankenbeckler. Baby registry is at Amazon.com under Bri Blankenbeckler.

Nov 24 (Sun) Voters Meeting 9:45 a.m. in the Social Hall: Proposed Budget and Bylaws

Nov 27 (Wed) Thanksgiving Eve Services at 12 noon and 7:00 p.m.

Nov 30 (Sat) 5:30 p.m. Advent by Candlelight, Coordinator: Shelli Haynes: (909) 226-3179

Dec 4, 11, 18 (Wed) Advent Midweek Services; Noon and 7:00 p.m.

Dec 18 (Wed) Children's Christmas Service 7:00 p.m.

Dec 24 (Tues) Christmas Eve Service 7:00 p.m.

Dec 25 (Wed) Christmas Day service 10:00 a.m.